



Please buy an item from the list below and donate it to
The FOOD BANK

- * Long Life Juice
- * Spaghetti (Tinned)
- * Rice Pudding (Tinned)
- * Fruit (Tinned)
- * Vegetables (Tinned)
- * Long Life Milk
- * Tuna (Tinned)

- Jam
- Sugar
- Meat (Tinned)
- Tomatoes (Tinned)
- Baked Beans (Tinned)
- Breakfast Cereal
- Dried Pasta
- Dried Rice
- Pasta Sauce
- Tea Bags
- Biscuits
- Cup a Soup
- Soup (Tinned)

***Most urgent items**

Thank you for your support
Together we really can make a difference!

Part of the work of

Into The Community

Registered Charity no. 1084287



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