

WEEK ONE

MONDAY

MAIN MEALS

Beef Meatballs in Tomato Sauce

Red Tractor beef meatballs made with our own blend of herbs and seasonings and cooked in a homemade tomato sauce

Cheese and Potato Pie

Creamy mashed potatoes and sautéed onions baked with cheese

Jacket Potato with Various Fillings

Sandwich Ham/Cheese/Tuna

Guest Dish

Pasta Bar

SIDES

Pasta

Broccoli

DESSERT

Fruit Flapjack

TUESDAY

MAIN MEALS

Chicken and Potato Pie

Red Tractor chicken baked with potatoes and seasonal vegetables

Keema Rice

Chick peas and seasonal vegetables cooked with mild curry spices and layered with rice

Jacket Potato with Various Fillings

Sandwich Ham/Cheese/Tuna

Guest Dish

Pasta Bar

SIDES

New Potatoes

Mixed Vegetables

DESSERT

Fruit Jelly with Ice Cream

WEDNESDAY

MAIN MEALS

Beef Curry

Organic beef cooked with seasonal vegetables in a mild curry sauce

Spring Vegetable Lasagne

Lentils and seasonal vegetables cooked in a homemade tomato sauce and layered between lasagne sheets and topped with cheese and served with crusty bread

Jacket Potato with Various Fillings

Sandwich Ham/Cheese/Tuna

Guest Dish

Pasta Bar

SIDES

Rice

Green Beans and Sweet

Corn

DESSERT

Peach Pancake

THURSDAY

MAIN MEALS

Roast Chicken with Gravy

Tender slices of *Red Tractor* roast chicken served with gravy

Stuffed Peppers

Mixed peppers stuffed with seasonal vegetables and topped with savoury bread crumbs and baked until golden

Jacket Potato with Various Fillings

Sandwich Ham/Cheese/Tuna

Guest Dish

Pasta Bar

SIDES

Roast Potatoes

Carrots and Spring Cabbage

DESSERT

Oatmeal and Raisin Cookie

FRIDAY

MAIN MEALS

Fish Fingers Sandwich with Ketchup

Sustainably sourced fish fingers served in a floured bap with homemade tomato ketchup

Mexican Bean Wrap

Mixed beans, peppers and tomatoes wrapped inside a flour tortilla

Jacket Potato with Various Fillings

Sandwich Ham/Cheese/Tuna

Guest Dish

Pasta Bar

SIDES

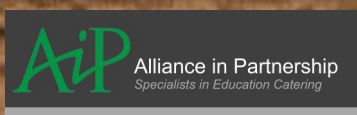
Chips

Baked Beans and Peas

DESSERT

Chocolate Cake

Allergy information available on request



WEEK TWO

MONDAY

MAIN MEALS

Thai Chicken Curry with Rice

Red Tractor diced chicken with seasonal vegetables cooked in a coconut curry sauce

Veggie Noodle Stir Fry

Quorn piece and seasonal vegetables stir fried in a homemade oriental sauce and tossed with noodles

Jacket Potato with Various Fillings

Sandwich Ham/Cheese/Tuna

Guest Dish

Pasta Bar

SIDES

Green Beans

DESSERT

Carrot Cake

TUESDAY

MAIN MEALS

Beef Lasagne

Organic minced beef and seasonal vegetables cooked in a mild coconut curry sauce and served with rice

Chick Pea Curry

Chick peas and seasonal vegetables cooked with mild curry spices and served with rice

Jacket Potato with Various Fillings

Sandwich Ham/Cheese/Tuna

Guest Dish

Pasta Bar

SIDES

Crusty Bread

Broccoli and Cauliflower

DESSERT

Pineapple Cake with Ice Cream

WEDNESDAY

MAIN MEALS

Mexican Chicken Nacho Bake

Red Tractor diced chicken and seasonal vegetables cooked in a rich gravy and topped with a creamy sweet potato mash

Shepherdess Pie with Sweet Potato Mash

Lentils and seasonal vegetables cooked in a rich gravy and topped with a creamy sweet potato mash

Jacket Potato with Various Fillings

Sandwich Ham/Cheese/Tuna

Guest Dish

Pasta Bar

SIDES

Rice

Sweet Corn

DESSERT

Strawberry Mousse

THURSDAY

MAIN MEALS

Roast Beef with Gravy

Tender slices of *Red Tractor* roast beef served with gravy

Potato and Leek Gratin

Potatoes and leeks layered in a casserole and covered in a homemade cream sauce

Jacket Potato with Various Fillings

Sandwich Ham/Cheese/Tuna

Guest Dish

Pasta Bar

SIDES

Roast Potatoes

Carrots and Cabbage

DESSERT

Fruit Sundae

FRIDAY

MAIN MEALS

Salmon and Broccoli Quiche

Sustainable salmon and broccoli baked with organic eggs in a homemade pastry crust

Cheese and Tomato Pizza

Wholemeal pizza bases topped with homemade tomato sauce and cheese

Jacket Potato with Various Fillings

Sandwich Ham/Cheese/Tuna

Guest Dish

Pasta Bar

SIDES

Chips

Baked Beans and Peas

DESSERT

Fruit Shortbread

Allergy information available on request

WEEK THREE

MONDAY

MAIN MEALS

Beef Sausages

Red Tractor beef sausages made with our own blend of herbs and spices and served with onion gravy

Spring Frittata Muffin

Spring Vegetables baked with organic eggs in an English muffin

Jacket Potato with Various Fillings

Sandwich Ham/Cheese/Tuna

Guest Dish

Pasta Bar

SIDES

Mashed Potatoes

Broccoli

DESSERT

Coconut and Pineapple

Flapjack

TUESDAY

MAIN MEALS

Chicken and Sweet Corn Pasta

Red Tractor diced chicken and sweet corn cooked in a creamy white sauce and baked with pasta

Veggie Paella

Quorn pieces and seasonal vegetables cooked with paprika seasoned rice

Jacket Potato with Various Fillings

Sandwich Ham/Cheese/Tuna

Guest Dish

Pasta Bar

SIDES

Pasta

Carrots and Cauliflower

DESSERT

Strawberry Cake

WEDNESDAY

MAIN MEALS

Warm Beef and Rice Wrap

Organic minced beef and seasonal vegetables cooked in a tomato sauce and served with rice and a flour tortilla

Veggie Sausage Rolls

Quorn sausages wrapped in a flaky puff pastry and served with onion gravy

Jacket Potato with Various Fillings

Sandwich Ham/Cheese/Tuna

Guest Dish

Pasta Bar

SIDES

Wedges

Sweet Corn and Coleslaw

DESSERT

Apple and Banana Crisp with Custard

THURSDAY

MAIN MEALS

Roast Chicken with Gravy

Tender slices of *Red Tractor* roast chicken served with gravy

Broccoli and Cauliflower Cheese

Broccoli and Cauliflower baked in a homemade cheddar cheese sauce

Jacket Potato with Various Fillings

Sandwich Ham/Cheese/Tuna

Guest Dish

Pasta Bar

SIDES

New Potatoes

Green Beans and Carrots

DESSERT

Melon Platter

FRIDAY

MAIN MEALS

Breaded Fish

Sustainably sourced breaded whitefish, oven baked and served with home-made tomato ketchup

Veggie Carbonara

White beans and leeks cooked in a creamy white sauce and served with pasta

Jacket Potato with Various Fillings

Sandwich Ham/Cheese/Tuna

Guest Dish

Pasta Bar

SIDES

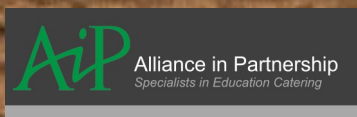
Chips

Baked Beans and Peas

DESSERT

Sticky Slice with Cream

Allergy information available on request



WEEK FOUR

MONDAY

MAIN MEALS

Arrabiata Pasta

Spicy homemade tomato sauce baked with pasta twists and served with garlic bread

Cheese and Bean Melt

Baked beans and cheddar cheese baked in a flaky puffed pastry and served with wedges

Jacket Potato with Various Fillings

Sandwich Ham/Cheese/Tuna

Guest Dish

Pasta Bar

SIDES

Baked Beans

DESSERT

Key Lime Cookie

TUESDAY

MAIN MEALS

Italian Chicken Casserole

Red Tractor diced beef, mixed peppers and onions cooked in a tomato salsa and served with a flour tortilla

Roasted Vegetable and Chick Pea Cous Cous

Chick peas and seasonal vegetables roasted with tomatoes and served with cous cous

Jacket Potato with Various Fillings

Sandwich Ham/Cheese/Tuna

Guest Dish

Pasta Bar

SIDES

Rice

Broccoli

DESSERT

Banoffee Mousse

WEDNESDAY

MAIN MEALS

Beef Fajitas

Red Tractor diced beef, mixed peppers and onions cooked in a tomato salsa and served with a flour tortilla

Veggie Nuggets

Mixed vegetables breaded and served with ketchup

Jacket Potato with Various Fillings

Sandwich Ham/Cheese/Tuna

Guest Dish

Pasta Bar

SIDES

Chips

Sweet Corn and Coleslaw

DESSERT

Fruit Crumble with Custard

THURSDAY

MAIN MEALS

Roast Beef with Gravy

Tender slices of Red Tractor roast beef served with gravy

Veggie Cowboy Casserole

Quorn sausages cooked with baked beans

Jacket Potato with Various Fillings

Sandwich Ham/Cheese/Tuna

Guest Dish

Pasta Bar

SIDES

Mashed Potatoes

Carrots

DESSERT

Chocolate Orange Cake

FRIDAY

MAIN MEALS

Salmon Crumble

Sustainably sourced salmon and white fish cooked in a homemade white sauce and topped with a savoury crumble topping

Macaroni Cheese

Pasta tubes cooked in a homemade cheddar cheese sauce

Jacket Potato with Various Fillings

Sandwich Ham/Cheese/Tuna

Guest Dish

Pasta Bar

SIDES

Chips

Green Beans

DESSERT

Lemon Drizzle Cake

Allergy information available on request